

TEAM  
**NOVA SCOTIA**

# 2011 Quest

Nova Scotia Canada Games Team Newsletter Issue 17 • February 27

## A Reflection of the Halifax 2011 Canada Games

It could have been the moment I joined the young, talented Nova Scotians during the opening ceremonies; or maybe it was Jared Goad's first medal for Nova Scotia on home soil; or perhaps witnessing Scott Tanner coach his Judo team to victory in multiple events; or the feeling we shared as four of our own advanced to the gold-medal round in boxing. The fact is, there are too many great moments to know when exactly I felt most proud of being Chef de Mission of such a stellar team.

I do know, however, that of all the memorable experiences Nova Scotians have to be proud of over the past two weeks, the way our community embraced the Games is what will stay true to my heart for years to come. I'm so impressed with the dedication and support of the thousands of volunteers who have contributed to the success of these Games.

The spirit of our community coming together, embracing your talents and believing in your dreams, made the Canada Games the experience of a lifetime. It is important that we do not dwell on what could have been, but rather how it will motivate us for the future. It's not about winning, but about accomplishing personal bests and using this time in your life to build on your career. The life lessons you have gained will help you to grow, not only as an athlete, but also as a person.

As each of you go your separate ways and continue your personal journey towards achieving your dreams, remember the people who have helped to get you where you are today. Nova Scotia will always be cheering for you.

Frank Garner, Chef de Mission



## Thank You Volunteers!

### SCOTIAN GOLD MEDAL COUNT

Gold	Silver	Bronze	Total
5	6	1	12

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## Athletes of the Week



**Name: Mike Hardy**  
**Sport: Alpine/Para Alpine**  
**Hometown: Ingramport**



**Name: Matthew Allen**  
**Sport: Figure Skating**  
**Hometown: Tatamagouche**



**Name: Brandon Dimmer**  
**Sport: Archery**  
**Hometown: Dartmouth**



**Name: Whitney Lohnes**  
**Sport: Judo**  
**Hometown: Bridgewater**



**Name: Justin Barkhouse**  
**Sport: Badminton**  
**Hometown: Hantsport**



**Name: Dylan Landry**  
**Sport: Judo**  
**Hometown: Louisdale**



**Name: Jason Downey**  
**Sport: Boxing**  
**Hometown: Dartmouth**



**Name: Jeremy Page**  
**Sport: Snowboarding**  
**Hometown: Falmouth**



**Name: Liam McInerney**  
**Sport: Cross Country Skiing**  
**Hometown: Dartmouth**



**Name: Dallas Rourke**  
**Sport: Snowboarding**  
**Hometown: Falmouth**



**Name: Paige Mattie**  
**Sport: Curling**  
**Hometown: Antigonish**



**Name: Allison Balan**  
**Sport: Synchronized Swimming**  
**Hometown: Halifax**



**Name: Blayre Turnbull**  
**Sport: Hockey**  
**Hometown: Stellarton**



**Name: Shane Hines**  
**Sport: Table Tennis**  
**Hometown: Carrolls Corner**

**We're proud of our Team.**